

ALESSANDRO TEMPERANI – PSYCHOLOGIST – PSYCHOTHERAPIST



Alessandro Temperani graduated in Florence in 1979 in Psychology's History, with Maria Teresa Colonna, with a thesis on one of the last works of Carl Gustav Jung.

Psychotherapist since 1989, later he is increasingly directed towards guidance psychotherapy body and he studied and graduated in Bioenergetic Analysis in the United States, attending courses of specialization of the International Institute for Bioenergetic Analysis, with Alexander Lowen and Leonard Hochman with whom he graduated.

He is a member of the Italian Medical Society of Bioenergetic Analysis, and since 2002 he is a member International Institute for Bioenergetic

Analysis.

He was president of the Institute of Bioenergetic Analysis of Florence.

He works as a private psychotherapist in Florence. He carries out supervision and holds courses e Bionergetica workshop.

He Organizes Exercises Class and courses for professionals who work in other fields than Bioenergetics.